

Patient Name:

KENALOG (Triamcinalone) INJECTION INFORMATION & CONSENT FORM We want you to have clear information about your choice to have a Kenalog injection to relieve the symptoms of hay fever. It is most important that you understand this information so please discuss any questions with the practitioner.

We also encourage you to seek further information via reputable online resources or elsewhere to make sure you are comfortable with the risks and benefits of this treatment.

Reasons for having a Kenalog injection:

Treatment of severe hay fever, that is resistant to alternative treatments.

Each Kenalog injection contains Triamcinolone acetonide 40mg/1ml as the active ingredient. Triamcinolone acetonide belongs to a group of medicines called corticosteroids (steroids). The principal effect of corticosteroids is to reduce the body's inflammatory & allergic response and they are used very commonly for many serious medical conditions. Their use has saved countless lives since their discovery in the 1940's but they do have significant risks.

Kenalog injections were given routinely to severe hay fever sufferers via the NHS until about 5-10 years ago but have now fallen out of favour and the NHS no longer prescribes or administers Kenalog for hay fever as their guidelines have determined that the potential risks do not justify the benefits that people may gain from the treatment. There are many people who have used this treatment to good effect and while we do not directly disagree with the assessment of the NHS, we do believe in patient choice and are happy to make this treatment available to people who have thoroughly considered the risks. Kenalog is still officially licensed for the treatment of severe hay fever in the UK and continues to be routinely administered to patients in most other countries around the world. A Kenalog injection does not cure hay fever. It just temporarily suppresses the immune system enough to take away the symptoms in most people who need it. The potential problems from Kenalog last for about 3 weeks after the injection but many people find the relief from symptoms commonly lasts the entire season