

## Consent for treatment with DesoBody® and/or DesoFace® -Sodium Deoxycholate

The practitioner will describe and discuss in detail the procedure including possible benefits and risks and answer any specific questions you may have. The practitioner will advise on what the expected outcome is likely to be in their professional opinion. However, results cannot be guaranteed and mild to moderate improvements may often be achieved. The practitioner will also advise on alternative procedures including surgical and non-surgical options.

If you are unfamiliar with any of the terms used or do not understand then ask for further explanation from the practitioner. You can take home a copy of the consent form, pre-treatment and post-treatment instructions to further research and consider the treatment and to discuss with third parties if you wish before deciding on the treatment.

Intralipotherapy involves the injection of sodium deoxycholate into localised fat deposits using either a needle or cannula. The solution causes destruction of the fat cells which then undergo degradation and are then removed by the lymphatic system. DesoBody® & DesoFace® work gradually within the tissue and the process of removal takes time and results can take several weeks to fully appear. Often more than one treatment is needed to obtain the desired results.

Prior to treatment, an appropriate examination is performed to identify the areas to be treated and these are then marked out on the skin. Several injections are required to ensure that the solution is widely dispersed within the fatty tissue. It is possible to feel mild to moderate discomfort during the procedure. Following treatment, there will be some transient redness, swelling and tenderness which may last for a few days but often described as mild to moderate and not interfering with normal activities. Occasionally there may be some bruising which may last for a week or longer. Pain, numbness, tingling, hypersensitivity or altered sensation can occur if the injection damages a nerve, this is rare and recovers over time in almost all cases.

Complications that may occur include:

- Prolonged pain lasting for days or weeks.
- Allergic reactions (less than 2 in 100,000 cases) which may require emergency treatment.
- Nodules (can occur in 5-10% of cases) which are usually only transient and resolve as the fatty tissue is removed.
- Damage to surrounding structures (less than 5 in 10,000 cases), including muscle, nerve or blood vessels.
- Discolouration (less than 2 in 1,000 cases), usually only temporary and reduced by avoiding exposure to UV.
- Necrosis of the skin (less than 1 in 10,000 cases) describes the damage caused to the skin by the solution if it comes into contact with it, this can lead to tissue death, blistering, sloughing of the skin, infections and scarring.
- Unsatisfactory results, including stubborn fat, asymmetry, irregularity or loose skin afterwards.

If you experience any complication or unexpected signs or symptoms, it is important that you contact your practitioner immediately.

I have read the information contained in this consent form and have had all of my questioned answered, I consent to treatment with DesoBody®/DesoFace®

Practitioner's Signature:

Patient's Signature:

Date:

Date:

Comments: